

Reporting Title: Lithium, S
Performing Location: Rochester

Specimen Requirements:

Collection Container/Tube:

Preferred: Serum gel

Acceptable: Red top

Submission Container/Tube: Plastic vial

Specimen Volume: 0.5 mL

Collection Instructions:

- 1. Draw blood 8 to 12 hours after last dose (trough specimen).
- 2. Serum gel tubes should be centrifuged within 2 hours of collection.
- 3. Red-top tubes should be centrifuged, and the serum aliquoted into a plastic vial within 2 hours of collection.

Additional Information: Peak serum concentrations do not correlate with symptoms.

Forms:

If not ordering electronically, complete, print, and send a [Therapeutics Test Request](#) (T831) with the specimen.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	7 days	
	Frozen	28 days	
	Ambient	72 hours	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
LITH	Lithium, S	Numeric	mmol/L	14334-7

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

80178

Reference Values:

Therapeutic: 0.5-1.2 mmol/L (trough concentration)

Critical value: >1.6 mmol/L

There is no relationship between peak concentration and degree of intoxication.