

# **Test Definition: VITC**

Ascorbic Acid (Vitamin C), Plasma

**Reporting Title:** Ascorbic Acid, P **Performing Location:** Rochester

#### **Shipping Instructions:**

Ship specimen in amber vial to protect from light.

# **Specimen Requirements:**

Patient Preparation: Fasting overnight (12-14 hours) (infants-collect prior to next feeding). Water can be taken as

needed.

Supplies: Sarstedt 5 mL Aliquot Tube (Amber) (T915)

Collection Container/Tube: Green top (sodium or lithium heparin) or plasma gel separator (PST)

Submission Container/Tube: Amber vial

**Specimen Volume:** 1 mL **Collection Instructions:** 

1. Immediately place specimen on wet ice and process within 4 hours of collection.

2. Centrifuge at 4 degrees C, aliquot plasma into amber vial to protect from light, and freeze immediately.

Specimen Type	Temperature	Time	Special Container
Plasma Heparin	Frozen	14 days	LIGHT PROTECTED

## **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
8312	Ascorbic Acid, P	Numeric	mg/dL	1903-4

LOINC® and CPT codes are provided by the performing laboratory.

## **Supplemental Report:**

No

## **CPT Code Information:**

82180

#### **Reference Values:**

0.4-2.0 mg/dL