

Reporting Title: Food Panel II IgG

Performing Location: Eurofins Viracor

Specimen Requirements:

Draw blood in a plain red-top tube(s), serum gel tube(s) is acceptable. Spin down and send 1.5 mL of serum refrigerated in a plastic vial.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	28 days	
	Frozen	365 days	
	Ambient	7 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z3702	Barley IgG	Alphanumeric		51917-3
Z3703	Beef IgG	Alphanumeric		35529-7
Z3704	Casein IgG	Alphanumeric		53829-8
Z3705	Chicken IgG	Alphanumeric		35532-1
Z3706	Chocolate/Cacao IgG	Alphanumeric		35554-5
Z3707	Codfish/Scrod IgG	Alphanumeric		49099-5
Z3708	Corn IgG	Alphanumeric		35534-7
Z3709	Egg White IgG	Alphanumeric		35535-4
Z3710	Malt IgG	Alphanumeric		51922-3
Z3711	Oat IgG	Alphanumeric		51901-7
Z3712	Orange IgG	Alphanumeric		51904-1
Z3713	Peanut IgG	Alphanumeric		35542-0
Z3714	Pork IgG	Alphanumeric		35543-8
Z3715	Potato White IgG	Alphanumeric		35544-6
Z3716	Rye Food IgG	Alphanumeric		51933-0
Z3717	Soybean IgG	Alphanumeric		35546-1
Z3718	Tomato IgG	Alphanumeric		35547-9
Z3719	Wheat IgG	Alphanumeric		35537-0
Z3720	Yeast Saccharomyces cerevisiae IgG	Alphanumeric		35538-8

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

86001 X 19

---

**Reference Values:**

Reference ranges have not been established for food-specific IgG tests. The clinical utility of food-specific IgG tests has not been established. These tests can be used in special clinical situations to select foods for evaluation by diet elimination and challenge in patients who have food-related complaints. It should be recognized that the presence of food-specific IgG alone cannot be taken as evidence of food allergy and only indicates immunologic sensitization by the food allergen in question. This test should only be ordered by physicians who recognize the limitations of the test.