

Reporting Title: Nuts and Grains Panel IgG

Performing Location: Eurofins Viracor

Specimen Requirements:

Draw blood in a plain red-top tube(s), serum gel tube(s) is acceptable. Spin down and send 2 mL of serum refrigerated in a plastic vial.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	28 days	
	Frozen	365 days	
	Ambient	7 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z3944	Almond Food IgG	Alphanumeric		60348-0
Z3945	Buckwheat IgG	Alphanumeric		63078-0
Z3946	Corn IgG	Alphanumeric		35534-7
Z3947	Gluten IgG	Alphanumeric		63091-3
Z3948	Bean Kidney IgG	Alphanumeric		60354-8
Z3949	Lentil IgG	Alphanumeric		63118-4
Z3950	Bean Lima IgG	Alphanumeric		63106-9
Z3951	Oat IgG	Alphanumeric		51901-7
Z3952	Peanut IgG	Alphanumeric		35542-0
Z3953	Pecan Food IgG	Alphanumeric		63108-5
Z3954	Rice IgG	Alphanumeric		35545-3
Z3955	Rye Food IgG	Alphanumeric		51933-0
Z3956	Sesame Seed IgG	Alphanumeric		60402-5
Z3957	Soybean IgG	Alphanumeric		35546-1
Z3958	Sunflower Seed IgG	Alphanumeric		60407-4
Z3959	Walnut Food (Juglans spp) IgG	Alphanumeric		63120-0
Z3960	Wheat IgG	Alphanumeric		35537-0

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

86001 x 17

Reference Values:

Reference ranges have not been established for food-specific IgG tests. The clinical utility of food-specific IgG tests has

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not been established. These tests can be used in special clinical situations to select foods for evaluation by diet elimination and challenge in patients who have food-related complaints. It should be recognized that the presence of food-specific IgG alone cannot be taken as evidence of food allergy and only indicates immunologic sensitization by the food allergen in question. This test should only be ordered by physicians who recognize the limitations of the test.