

Reporting Title: Fruit Panel IgG
Performing Location: Eurofins Viracor

Specimen Requirements:
Draw blood in a plain red-top tube(s), serum gel tube(s) is acceptable. Spin down and send 1.5 mL of serum refrigerated in a plastic vial.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	28 days	
	Frozen	365 days	
	Ambient	7 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z3968	Apple IgG	Alphanumeric		60349-8
Z3969	Apricot IgG	Alphanumeric		60350-6
Z3970	Banana IgG	Alphanumeric		60352-2
Z3971	Blueberry IgG	Alphanumeric		58035-7
Z3972	Cranberry IgG	Alphanumeric		63104-4
Z3973	Grape IgG	Alphanumeric		60376-1
Z3974	Grapefruit IgG	Alphanumeric		60377-9
Z3975	Lemon IgG	Alphanumeric		60381-1
Z3976	Orange IgG	Alphanumeric		51904-1
Z3977	Papaya IgG	Alphanumeric		63131-7
Z3978	Peach IgG	Alphanumeric		60390-2
Z3979	Pear IgG	Alphanumeric		60391-0
Z3980	Pineapple IgG	Alphanumeric		60394-4
Z3981	Plum IgG	Alphanumeric		60395-1
Z3982	Raspberry IgG	Alphanumeric		63083-0
Z3983	Strawberry IgG	Alphanumeric		40835-1

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:
No

CPT Code Information:
86001 x16

Reference Values:
Reference ranges have not been established for food-specific IgG tests. The clinical utility of food-specific IgG tests has not been established. These tests can be used in special clinical situations to select foods for evaluation by diet

elimination and challenge in patients who have food-related complaints. It should be recognized that the presence of food-specific IgG alone cannot be taken as evidence of food allergy and only indicates immunologic sensitization by the food allergen in question. This test should only be ordered by physicians who recognize the limitations of the test.