

## **Test Definition: LH**

Luteinizing Hormone (LH), Serum

Reporting Title: Luteinizing Hormone (LH), S

Performing Location: Rochester

## **Ordering Guidance:**

1. The limit of quantitation for this test is 0.01 IU/L. In pediatric settings where greater analytical sensitivity is required, order LHPED / Luteinizing Hormone (LH), Pediatrics, Serum.

2. The preferred test to confirm menopausal status is FSH / Follicle-Stimulating Hormone (FSH), Serum.

## **Specimen Requirements:**

**Patient Preparation: For 12 hours before specimen collection do not** take multivitamins or dietary supplements containing biotin (vitamin B7), which is commonly found in hair, skin, and nail supplements and multivitamins.

**Collection Container/Tube:** 

**Preferred:** Serum gel **Acceptable:** Red top

Submission Container/Tube: Plastic vial

Specimen Volume: 0.6 mL

Collection Instructions: Centrifuge and aliquot serum into a plastic vial within 2 hours of collection.

#### Forms:

If not ordering electronically, complete, print, and send an Oncology Test Request (T729) with the specimen.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	7 days	
	Frozen	180 days	
	Ambient	24 hours	

### **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
LH	Luteinizing Hormone (LH), S	Numeric	IU/L	10501-5

LOINC® and CPT codes are provided by the performing laboratory.

### **Supplemental Report:**

No

### **CPT Code Information:**

83002

### **Reference Values:**

Males

< or =4 weeks: Not established

>1 month-< or =12 months: < or =0.4 IU/L >12 months-< or =6 years: < or =1.3 IU/L



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>6-< or =11 years: < or =1.4 IU/L >11-< or =14 years: 0.1-7.8 IU/L >14-< or =18 years: 1.3-9.8 IU/L

>18 years: 1.3-9.6 IU/L

### **Females**

< or =4 weeks: Not established >1-< or =12 months: < or =0.4 IU/L >12 months-< or =6 years: < or =0.5 IU/L

>6-< or =11 years: < or =3.1 IU/L >11-< or =14 years: < or =11.9 IU/L >14-< or =18 years: 0.5-41.7 IU/L

### Premenopausal:

Follicular: 1.9-14.6 IU/L Midcycle: 12.2-118.0 IU/L Luteal: 0.7-12.9 IU/L

Postmenopausal: 5.3-65.4 IU/L