

Test Definition: NEFA

Free Fatty Acids, Total, Serum

Reporting Title: Free Fatty Acids, Total, S

Performing Location: Rochester

Specimen Requirements:

Patient Preparation:

- 1. Fasting-overnight (12-14 hours).
- 2. Patient must not consume any alcohol for 24 hours before the specimen is collected.
- 3. Patient should not be receiving therapeutic heparin.

Collection Container/Tube:

Preferred: Serum gel **Acceptable:** Red top

Submission Container/Tube: Plastic vial

Specimen Volume: 1 mL **Collection Instructions:**

- 1. Centrifuge within 45 minutes of collection and aliquot 1 mL of serum into a plastic vial.
- 2. Immediately freeze specimen.

Forms:

If not ordering electronically, complete, print, and send a <u>Cardiovascular Test Request Form</u> (T724) with the specimen.

Specimen Type	Temperature	Time	Special Container
Serum	Frozen	7 days	

Result Codes:

Result ID	Reporting Name	Туре	Unit	LOINC®
NEFA	Free Fatty Acids, Total, S	Numeric	mmol/L	15066-4

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82725

Reference Values:

> or =18 years: 0.00-0.72 mmol/L

Reference values have not been established for patients who are <18 years of age.