

# **Test Definition: FRTUP**

Free Thyroxine Index (FTI), Serum

Reporting Title: Free Thyroxine Index(FTI), S

Performing Location: Rochester

## **Specimen Requirements:**

#### **Patient Preparation:**

**1. For 12 hours before specimen collection do not** take multivitamins or dietary supplements containing biotin (vitamin B7), which is commonly found in hair, skin, and nail supplements and multivitamins.

2. If patient is receiving treatment with lipid-lowering agents containing dextrothyroxine (D-T4), discontinue for 4 to 6 weeks prior to specimen collection.

#### **Collection Container/Tube:**

**Preferred:** Serum gel **Acceptable:** Red top

Submission Container/Tube: Plastic vial

Specimen Volume: 1 mL

Collection Instructions: Centrifuge and aliquot serum into a plastic vial.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	7 days	
	Frozen	30 days	
	Ambient	72 hours	

#### **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
T4S	Thyroxine, Total, S	Numeric	mcg/dL	83119-8
TUPC	Thyroxine Binding Capacity, S	Numeric	ТВІ	74795-6
FRTI	Free Thyroxine Index	Numeric	mcg/dL	32215-6

LOINC® and CPT codes are provided by the performing laboratory.

# **Supplemental Report:**

No

### **Components:**

Test Id	Reporting Name	CPT Units	CPT Code	Always Performed	Available Separately
TUPC	Thyroxine Binding Capacity, S	1	84479	Yes	No
T4S	Thyroxine, Total, S	1	84436	Yes	Yes, (order T4)
FRTI	Free Thyroxine Index			Yes	No

## **CPT Code Information:**

84479-Thyroxine binding capacity 84436-Thyroxine total



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#### **Reference Values:**

THYROXINE BINDING CAPACITY (units are in Thyroxine Binding Index: TBI):

0-19 years: 0.8-1.2 TBI > or =20 years: 0.8-1.3 TBI

T4 TOTAL (T4):

0-5 days: 5.0-18.5 mcg/dL

6 days-2 months: 5.4-17.0 mcg/dL 3-11 months: 5.7-16.0 mcg/dL 1-5 years: 6.0-14.7 mcg/dL 6-10 years: 6.0-13.8 mcg/dL 11-19 years: 5.9-13.2 mcg/dL > or =20 years: 4.5-11.7 mcg/dL

## FREE THYROXINE INDEX:

0-5 days: 5.1-20.8 mcg/dL

6 days-2 months: 5.5-18.0 mcg/dL 3-11 months: 5.7-16.8 mcg/dL 1-5 years: 5.9-15.0 mcg/dL 6-10 years: 6.0-13.9 mcg/dL 11-19 years: 5.9-13.2 mcg/dL > or =20 years: 4.8-12.7 mcg/dL

For International System of Units (SI) conversion for Reference Values, see <a href="https://www.mayocliniclabs.com/order-tests/si-unit-conversion.html">www.mayocliniclabs.com/order-tests/si-unit-conversion.html</a>