

Reporting Title: Growth Differentiation Factor 15, P

Performing Location: Rochester

Specimen Requirements:

Collection Container/Tube:

Preferred: Lavender top (EDTA)

Acceptable: Green top (sodium heparin)

Submission Container/Tube: Plastic vial

Specimen Volume: 0.5 mL

Collection Instructions:

1. Draw blood and centrifuge immediately.
2. Aliquot plasma into plastic vial.
3. Do not expose specimen to heat or direct sunlight.

Forms:

1. [Biochemical Genetics Patient Information](#) (T602)
2. If not ordering electronically, complete, print, and send 1 of the following forms with the specimen:
 - [Neurology Specialty Testing Client Test Request](#) (T732)
 - [Biochemical Genetics Test Request](#) (T798)

Specimen Type	Temperature	Time	Special Container
Plasma	Refrigerated (preferred)	90 days	
	Frozen	90 days	
	Ambient	28 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
64637	Growth Differentiation Factor 15, P	Numeric	pg/mL	92665-9

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

83520

Reference Values:

3 months* and older: < or =750 pg/mL

*This test is not recommended for infants younger than 3 months of age due to the high levels of growth differentiation factor 15 contributed from the placenta during pregnancy.