

Reporting Title: Aldosterone, LAV, P

Performing Location: Rochester

Specimen Requirements:

Patient Preparation: Spironolactone (Aldactone) should be discontinued for 4 to 6 weeks before specimen collection. The plasma renin activity cannot be interpreted if the patient is being treated with spironolactone.

Collection Container/Tube: Lavender top (EDTA)

Submission Container/Tube: Plastic vial

Specimen Volume: 1.6 mL

Collection Instructions:

- See [Renin-Aldosterone Studies](#) for detailed instructions.
- The recommended collection time is 8 a.m., after the patient is active for approximately 2 hours. Try to collect the specimen as close to that time as possible and no later than 10 a.m.
- Centrifuge and aliquot plasma into a plastic vial.

Specimen Type	Temperature	Time	Special Container
Plasma EDTA	Frozen (preferred)	30 days	
	Refrigerated	28 days	
	Ambient	4 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
65427	Aldosterone, LAV, P	Numeric	ng/dL	1763-2

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82088

Reference Values:

No established reference values.