

Reporting Title: Melatonin, Plasma  
Performing Location: NMS Labs

Specimen Requirements:  
\*\*\*Must submit one specimen per order. Specimens cannot be shared between multiple orders.\*\*\*

Specimen Type: Plasma  
Collection Container/Tube:  
Preferred: Lavender top (EDTA)  
Acceptable: Pink top (EDTA)  
Submission Container/Tube: Plastic vial  
Specimen volume: 3 mL  
Collection instructions:  
1. Draw blood in EDTA (lavender top) tube(s).  
2. Centrifuge and send 1 mL of plasma refrigerated in a plastic vial.

Specimen Type	Temperature	Time	Special Container
Plasma EDTA	Refrigerated (preferred)	30 days	
	Frozen	365 days	
	Ambient	14 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z3521	Melatonin	Alphanumeric		11055-1

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:  
No

CPT Code Information:  
80299

Reference Values:  
Reporting limit determined each analysis.  
  
Units: ng/mL