

Reporting Title: Histamine, 24-Hour U

Performing Location: Quest Diagnostics Nichols Institute

Specimen Requirements:

**Patient Preparation:** Avoid direct sunlight. Patient should refrain from taking allergy causing drugs, antihistamines, oral corticosteroids, and substances which block H2 receptors for at least 24 hours prior to specimen collection.

**Specimen Type:** Urine

**Submission Container/Tube:** Plastic, 10-mL tube (T068)

**Specimen Volume:** 4 mL

Collection Instructions:

1. Collect urine for 24 hours, with 10 mL 6N HCL preservative.
2. Avoid direct sunlight during the 24-hour collection.
3. Send specimen refrigerated in the plastic, 10-mL urine tube (T068).
4. Collection volume and duration are required.

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	14 days	
	Frozen	14 days	
	Ambient	48 hours	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
FHI24	Z6283	Total Volume	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z6284	Histamine, 24 hr Urine	Alphanumeric		9410-2
Z6283	Total Volume	Alphanumeric		3167-4

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

83088

Reference Values:

0.006-0.131 mg/24 h