

Food Panel, Serum

# **Reporting Title:** Food Panel **Performing Location:** Rochester

#### Ordering Guidance:

This test uses a pooled allergen reagent; therefore, the multi-allergen Immunocap (panel cap) is reported with a single qualitative class result and concentration. This is the appropriate first-tier test for allergic disease.

For a listing of allergens available for testing, see <u>Allergens - Immunoglobulin E (IgE) Antibodies</u>

#### **Specimen Requirements:**

Collection Container/Tube: Preferred: Serum gel Acceptable: Red top Submission Container/Tube: Plastic vial Specimen Volume: 0.5 mL for every 5 allergens requested Collection Instructions: Centrifuge and aliquot serum into a plastic vial.

#### Forms:

If not ordering electronically, complete, print, and send an Allergen Test Request (T236) with the specimen.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	14 days	
	Frozen	90 days	

#### **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
FOOD6	Food Panel	Numeric	kU/L	30187-9

LOINC<sup>®</sup> and CPT codes are provided by the performing laboratory.

#### Supplemental Report:

No

## **CPT Code Information:** 86003

#### Reference Values:

Class	lgE kU/L	Interpretation
0	<0.10	Negative
0/1	0.10-0.34	Borderline/equivocal
1	0.35-0.69	Equivocal
2	0.70-3.49	Positive



### **Test Definition: FOOD6**

Food Panel, Serum

3	3.50-17.4	Positive
4	17.5-49.9	Strongly positive
5	50.0-99.9	Strongly positive
6	> or =100	Strongly positive

Reference values apply to all ages.