

Reporting Title: Cortisol, Saliva
Performing Location: Rochester

Necessary Information:
Collection time is required.

Specimen Requirements:

Patient Preparation:

- 1. Do not brush teeth before collecting specimen.
- 2. Do not eat or drink for 15 minutes prior to specimen collection.

Supplies: Cortisol, Saliva Collection Kit (T514)

Container/Tube: SARSTEDT Salivette

Specimen Volume: 1.5 mL

Collection Instructions:

- 1. Provide patient with a Saliva Collection Kit (Salivette) containing the [Cortisol - Saliva Collection Instructions](#) and ask them to follow the instructions as written.
- 2. Instruct patient to collect specimen between 11 p.m. and midnight and record collection time on the [Cortisol - Saliva Collection Instructions](#) sheet.
- 3. Instruct patient to return [Cortisol - Saliva Collection Instructions](#) with the appropriately labeled Salivette to the laboratory.

Additional Information:

- 1. Reference values are also available for an 8 a.m. (7 a.m.-9 a.m.) or a 4 p.m. (3 p.m.-5 p.m.) collection, however, the 11 p.m. to midnight collection is preferred.
- 2. If multiple specimens are collected, submit each vial under a separate order.

Forms:

If not ordering electronically, complete, print, and send [General Request](#) (T239)

Specimen Type	Temperature	Time	Special Container
Saliva	Refrigerated (preferred)	28 days	
	Frozen	60 days	
	Ambient	28 days	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
SALCT	COLT3	Collection Time in Military Time	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
84225	Cortisol, Saliva	Numeric	ng/dL	2142-8
23612	AM Cortisol	Numeric	ng/dL	58674-3
23613	PM Cortisol	Numeric	ng/dL	58668-5

23614	Midnight Cortisol	Numeric	ng/dL	58642-0
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LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82533

Reference Values:

7 a.m.-9 a.m.: 100-750 ng/dL

3 p.m.-5 p.m.: <401 ng/dL

11 p.m.-midnight: <100 ng/dL