

Test Definition: ESTF

Estrogens, Estrone (E1) and Estradiol (E2), Fractionated, Serum

Reporting Title: Estrogens, E1+E2, fractionated, S

Performing Location: Rochester

Specimen Requirements:

Collection Container/Tube: Red top (Serum gel/SST is **not** acceptable)

Submission Container/Tube: Plastic vial

Specimen Volume: 1.2 mL

Collection Instructions: Centrifuge and aliquot serum in plastic vial within 2 hours of collection.

| Specimen Type | Temperature | Time | Special Container |
|---------------|--------------------------|---------|-------------------|
| Serum Red | Refrigerated (preferred) | 28 days | |
| | Ambient | 28 days | |
| | Frozen | 28 days | |

Result Codes:

| Result ID | Reporting Name | Туре | Unit | LOINC® |
|-----------|---------------------------------|---------|-------|--------|
| 81418 | Estrone, S | Numeric | pg/mL | 2258-2 |
| 81816 | Estradiol, Mass Spectrometry, S | Numeric | pg/mL | 2243-4 |

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

Components:

| Test Id | Reporting Name | CPT Units | CPT Code | Always Performed | Available Separately |
|---------|---------------------------------|-----------|----------|------------------|----------------------|
| E1 | Estrone, S | 1 | 82679 | Yes | Yes |
| EEST | Estradiol, Mass Spectrometry, S | 1 | 82670 | Yes | Yes |

CPT Code Information:

82670-Estradiol 82679-Estrone

When performed together as test ESTF:

82671 Estrogens, fractionated

Reference Values:

ESTRONE (E1)

CHILDREN*

1-14 days: Estrone levels in newborns are very elevated at birth but will fall to prepubertal levels within a few days.



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Males

| Tanner stages# | Mean age | Reference range |
|-------------------|------------|-----------------|
| Stage I (>14 days | 7.1 years | Undetectable-16 |
| and prepubertal) | | pg/mL |
| Stage II | 11.5 years | Undetectable-22 |
| | | pg/mL |
| Stage III | 13.6 years | 10-25 pg/mL |
| Stage IV | 15.1 years | 10-46 pg/mL |
| Stage V | 18 years | 10-60 pg/mL |

#Puberty onset (transition from Tanner stage I to Tanner stage II) occurs for boys at a median age of 11.5 (+/- 2) years. For boys there is no proven relationship between puberty onset and body weight or ethnic origin. Progression through Tanner stages is variable. Tanner stage V (adult) should be reached by age 18.

Females

| Tanner stages# | Mean age | Reference range |
|-------------------|------------|-----------------|
| Stage I (>14 days | 7.1 years | Undetectable-29 |
| and prepubertal) | | pg/mL |
| Stage II | 10.5 years | 10-33 pg/mL |
| Stage III | 11.6 years | 15-43 pg/mL |
| Stage IV | 12.3 years | 16-77 pg/mL |
| Stage V | 14.5 years | 17-200 pg/mL |

#Puberty onset (transition from Tanner stage I to Tanner stage II) occurs for girls at a median age of 10.5 (+/- 2) years. There is evidence that it may occur up to 1 year earlier in obese girls and in African American girls. Progression through Tanner stages is variable. Tanner stage V (adult) should be reached by age 18.

*The reference ranges for children are based on the published literature, (1,2) cross-correlation of our assay with assays used to generate the literature data and on our data for young adults.

ADULTS

Males: 10-60 pg/mL

Females

Premenopausal: 17-200 pg/mL Postmenopausal: 7-40 pg/mL

Conversion factor

E1: pg/mL x 3.704=pmol/L (molecular weight=270)

ESTRADIOL (E2)

CHILDREN*

1-14 days: Estradiol levels in newborns are very elevated at birth but will fall to prepubertal levels within a few days. Males

| Tanner stages# | Mean age | Reference range |
|-------------------|------------|-----------------|
| Stage I (>14 days | 7.1 years | Undetectable-13 |
| and prepubertal) | | pg/mL |
| Stage II | 12.1 years | Undetectable-16 |
| | | pg/mL |
| Stage III | 13.6 years | Undetectable-26 |



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| | | pg/mL |
|----------|------------|-----------------|
| Stage IV | 15.1 years | Undetectable-38 |
| | | pg/mL |
| Stage V | 18 years | 10-40 pg/mL |

#Puberty onset (transition from Tanner stage I to Tanner stage II) occurs for boys at a median age of 11.5 (+/- 2) years. For boys there is no proven relationship between puberty onset and body weight or ethnic origin. Progression through Tanner stages is variable. Tanner stage V (adult) should be reached by age 18.

Females

| Tanner stages# | Mean age | Reference range |
|-------------------|------------|-----------------|
| Stage I (>14 days | 7.1 years | Undetectable-20 |
| and prepubertal) | | pg/mL |
| Stage II | 10.5 years | Undetectable-24 |
| | | pg/mL |
| Stage III | 11.6 years | Undetectable-60 |
| | | pg/mL |
| Stage IV | 12.3 years | 15-85 pg/mL |
| Stage V | 14.5 years | 15-350 pg/mL** |

#Puberty onset (transition from Tanner stage I to Tanner stage II) occurs for girls at a median age of 10.5 (+/- 2) years. There is evidence that it may occur up to 1 year earlier in obese girls and in African American girls. Progression through Tanner stages is variable. Tanner stage V (adult) should be reached by age 18.

ADULTS

Males: 10-40 pg/mL

Females

Premenopausal: 15-350 pg/mL** Postmenopausal: <10 pg/mL

**E2 levels vary widely through the menstrual cycle.

Conversion factor

E2: pg/mL x 3.676=pmol/L (molecular weight=272)

For SI unit Reference Values, see https://www.mayocliniclabs.com/order-tests/si-unit-conversion.html

^{*}The reference ranges for children are based on the published literature,(1,2) cross-correlation of our assay with assays used to generate the literature data and on our data for young adults.