

# **Test Definition: PPFE**

Protoporphyrins, Fractionation, Whole Blood

Reporting Title: Protoporphyrins, Fractionation, WB

Performing Location: Rochester

## **Ordering Guidance:**

This test is for assessment for protoporphyria. The preferred test for lead toxicity in children is blood lead. For more information see PBDV / Lead, Venous with Demographics, Blood or PBDC / Lead, Capillary, with Demographics, Blood. The preferred screening test for suspicion of a hepatic porphyria is urine porphyrins. For more information see PQNRU / Porphyrins, Quantitative, Random, Urine.

# **Necessary Information:**

Include a list of medications the patient is currently taking.

# **Specimen Requirements:**

All porphyrin tests on whole blood can be performed on 1 tube.

Patient Preparation: Patient should abstain from alcohol for 24 hours prior to specimen collection.

Container/Tube:

Preferred: Green top (sodium heparin)

Acceptable: Dark blue top (metal free heparin), green top (lithium heparin), or lavender top (EDTA)

Specimen Volume: 4 mL

**Collection Instructions:** Refrigerate specimen as soon as possible.

#### Forms:

If not ordering electronically, complete, print, and send a Biochemical Genetics Test Request (T798) with the specimen.

Specimen Type	Temperature	Time	Special Container	
Whole blood	Refrigerated	7 days		

# **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
2327	Zinc-Complexed Protoporphyrin	Alphanumeric	mcg/dL	2895-1
2326	Free Protoporphyrin	Alphanumeric	mcg/dL	94491-8
29511	Interpretation	Alphanumeric		59462-2

LOINC® and CPT codes are provided by the performing laboratory.

# **Supplemental Report:**

No

## **CPT Code Information:**

82542

### **Reference Values:**



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FREE PROTOPORPHYRIN <20 mcg/dL

ZINC-COMPLEXED PROTOPORPHYRIN <60 mcg/dL