

Test Definition: FIRGH

Growth Hormone-Releasing  
Hormone

(IR-GH-RH) (Immunoreactive GH-RH)

Reporting Title: Growth Hormone Releasing Hormone

Performing Location: Inter Science Institute

Specimen Requirements:

Patient Preparation: Patient should not be on any medications that may influence pituitary secretion.

Specimen Type: Serum

Collection Container/Tube: Red top or SST

Submission Container/Tube: Plastic vial

Specimen Volume: 3 mL

Collection Instructions:

1. Draw blood in a plain, red-top tube(s), serum-gel tube(s) is acceptable.

2. Separate immediately and send 3 mL of serum frozen in a plastic vial.

Specimen Type	Temperature	Time	Special Container
Serum	Frozen	90 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z0926	Growth Hormone Releasing Hormone	Alphanumeric	pg/mL	14177-0

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

83520

Reference Values:

Levels of IR-GH-RH

Baseline ranges: 5 - 18 pg/mL