

# **Test Definition: CFX**

Protein C Activity, Plasma

Reporting Title: Protein C Activity, P

Performing Location: Rochester

#### **Ordering Guidance:**

Coagulation testing is highly complex, often requiring the performance of multiple assays and correlation with clinical information. For that reason, consider ordering AATHR / Thrombophilia Profile, Plasma and Whole Blood.

#### **Necessary Information:**

- 1. If the patient is being treated with Coumadin, this should be noted. Coumadin will lower protein C.
- 2. Heparin (unfractionated or low molecular weight) 2 U/mL or more may interfere with this assay.

## **Specimen Requirements:**

Specimen Type: Platelet-poor plasma

Patient Preparation: Fasting

Collection Container/Tube: Light-blue top (3.2% sodium citrate)

Submission Container/Tube: Plastic vial

**Specimen Volume:** 1 mL **Collection Instructions:** 

- 1. For complete instructions, see Coagulation Guidelines for Specimen Handling and Processing.
- 2. Centrifuge, transfer all plasma into a plastic vial, and centrifuge plasma again.
- 3. Aliquot plasma into a plastic vial leaving 0.25 mL in the bottom of centrifuged vial.
- 4. Freeze plasma immediately (no longer than 4 hours after collection) at -20 degrees C or, ideally, at -40 degrees C or below

#### **Additional Information:**

- 1. Double-centrifuged specimen is critical for accurate results as platelet contamination may cause spurious results.
- 2. Each coagulation assay requested should have its own vial.

#### Forms:

If not ordering electronically, complete, print, and send a Coagulation Test Request (T753) with the specimen.

Specimen Type	Temperature	Time	Special Container
Plasma Na Cit	Frozen	14 days	

## **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
CFX	Protein C Activity, P	Numeric	%	27818-4

LOINC® and CPT codes are provided by the performing laboratory.

## **Supplemental Report:**

No

### **CPT Code Information:**



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85303

## **Reference Values:**

70-150%