

**Overview**

**Useful For**

Aiding in the diagnosis of new cases of multiple myeloma or other plasma cell proliferative disorders

Sorting plasma cells for FISH analysis

**Method Name**

Only orderable as a reflex. See PCPDS / Plasma Cell Proliferative Disorder, FISH, Bone Marrow

Flow Cytometric Cell Selection

**NY State Available**

Yes

**Specimen**

**Specimen Type**

Bone Marrow

**Specimen Required**

Only orderable as a reflex. See PCPDS / Plasma Cell Proliferative Disorder, FISH, Bone Marrow

**Specimen Type:** Bone marrow

**Preferred:** Yellow top (ACD)

**Acceptable:** Lavender top (EDTA) or green top (heparin)

**Specimen Volume:** 4 mL

**Collection Instructions:** Invert several times to mix bone marrow

**Specimen Minimum Volume**

1 mL

**Reject Due To**

Gross hemolysis	Reject
Other	Fully clotted

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Bone Marrow	Ambient (preferred)	4 days	
	Refrigerated	4 days	

## Clinical and Interpretive

### Clinical Information

Multiple myeloma is a hematologic neoplasm that generally originates in the bone marrow and develops from malignant plasma cells. There are four main categories of plasma cell proliferative disorders (PCPD): monoclonal gammopathy of undetermined significance (MGUS), monoclonal immunoglobulin deposition diseases (amyloidosis), plasmacytoma, and multiple myeloma. MGUS, which occurs in 3% to 4% of individuals over age 50 years, represents the identification of an asymptomatic monoclonal protein, yet approximately 1% per year will progress to multiple myeloma. Amyloidosis represents a rare group of deposition disorders including primary amyloidosis vs. light chain and heavy chain disease. Plasmacytomas represent isolated collections of bone or extramedullary plasma cells with a risk for development of multiple myeloma. Generalized bone pain, anemia, limb numbness or weakness, symptoms of hypercalcemia, and recurrent infections are all symptoms that may indicate multiple myeloma.

As myeloma progresses, the malignant plasma cells interfere with normal blood product formation in the bone marrow resulting in anemia and leukopenia. Myeloma also causes an overstimulation of osteoclasts, causing excessive breakdown of bone tissue without the normal corresponding bone formation. These bone lesions are seen in approximately 66% of myeloma patients. In advanced disease, bone loss may reach a degree where the patient suffers fractures easily.

Multiple myeloma is increasingly recognized as a disease characterized by marked cytogenetic, molecular, and proliferative heterogeneity. This heterogeneity is manifested clinically by varying degrees of disease aggressiveness. Multiple myeloma patients with more aggressive disease experience suboptimal responses to some therapeutic approaches; therefore, identifying these patients is critically important for selecting appropriate treatment options.

### Reference Values

Only orderable as a reflex. See PCPDS / Plasma Cell Proliferative Disorder, FISH, Bone Marrow

An interpretive report will be provided.

### Interpretation

Correlation with clinical, histopathologic and additional laboratory findings is required for final interpretation of these results. The final interpretation of results for clinical management of the patient is the responsibility of the managing physician.

### Cautions

No significant cautionary statements

### Clinical Reference

- 1 Swerdlow S, Campo E, Harris NL, et al: WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues. IARC Press: Lyon. 2017
2. Kumar SK, Rajkumar SV: The multiple myelomas-current concepts in cytogenetic classification and therapy. Nat Rev Clin Oncol 2018;15(7):409-421 doi:10.1038/s41571-018-0018-y
3. Rajkumar SV, Landgren O, Mateos MV: Smoldering multiple myeloma. Blood 2015 May 14;125(20):3069-3075 doi:10.1182/blood-2014-09-568899
4. Muchtar E, Dispenzieri A, Kumar S et al: Interphase fluorescence in situ hybridization in untreated AL amyloidosis has an independent prognostic impact by abnormality type and treatment category. Leukemia 2017 Jul;31(7):1562-1569 doi:10.1038/leu.2016.369

5. Lakshman A, Paul S, Rajkumar SV et al: Prognostic significance of interphase FISH in monoclonal gammopathy of undetermined significance. Leukemia 2018 Aug;32(8);1811-1815 doi:10.1038/s41375-018-0030-3
6. Bochtler T, Hegenbart U, Kunz C, et al: Prognostic impact of cytogenetic aberrations in AL amyloidosis patients after high-dose melphalan: a long-term follow-up study. Blood 2016 Jul 28;128(4):594-602 doi.org/10.1182/blood-2015-10-7.
7. mSMART 3.0, Accessed 01/16/2020. www.msmart.org/mm-treatment-guidelines

## Performance

### Method Description

Selection of plasma cells using fluorescence activated cell sorting is the most direct and robust method of obtaining relatively pure plasma cell populations for FISH assessment.(Operator's Guide: Cell Sorter, Sony Corporation. LE-SH800, 2015)

### PDF Report

No

### Day(s) and Time(s) Test Performed

Specimens are processed Monday through Sunday.

Results reported Monday through Friday, 8 a.m.-5 p.m.

### Analytic Time

1 day

### Maximum Laboratory Time

7 days

### Specimen Retention Time

4 weeks

### Performing Laboratory Location

Rochester

## Fees and Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

### CPT Code Information

88184-Flow Cytometry; first cell surface, cytoplasmic or nuclear marker

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88185 x 5-Flow Cytometry, additional cell surface, cytoplasmic or nuclear marker (each)

**LOINC® Information**

Result ID	Test Result Name	Result LOINC Value
607684	PCPDS Pre-Analysis Cell Sort	No LOINC Needed
607689	Final Diagnosis	No LOINC Needed