

## Overview

### Useful For

Evaluation of patients with a clinical suspicion of a pyruvate dehydrogenase complex deficiency or an energy metabolism disorder

### Genetics Test Information

Pyruvate dehydrogenase complex (PDHC) deficiency is a rare mitochondrial disorder with a clinical presentation consisting of metabolic and neurological components of varying severity.

PDHC should be considered in patients with early-onset neurological disease and unexplained lactic acidosis, especially if structural brain abnormalities are present.

This assay is intended as a screening test to detect decreases in total pyruvate dehydrogenase complex (PDHC) activity and is used for the evaluation of patients with a clinical suspicion of a pyruvate dehydrogenase complex deficiency or an energy metabolism disorder. It is not designed to detect cases of pyruvate dehydrogenase (PDH) kinase or phosphatase deficiencies. Additional molecular or enzymatic testing is necessary to determine the specific defect in the pyruvate dehydrogenase complex. Call 800-533-1710 for test options.

### Additional Tests

Test ID	Reporting Name	Available Separately	Always Performed
FIBR	Fibroblast Culture	Yes	Yes
CRYOB	Cryopreserve for Biochem Studies	No	Yes

### Testing Algorithm

When this test is ordered, a fibroblast culture and cryopreservation for biochemical studies will always be performed at an additional charge. However, for multiple lysosomal enzyme assays on a patient utilizing fibroblast culture, only 1 culture is required regardless of the number of enzyme assays ordered. If viable cells are not obtained within 30 days, client will be notified.

### Special Instructions

- [Informed Consent for Genetic Testing](#)
- [Informed Consent for Genetic Testing \(Spanish\)](#)

### Method Name

PDHC: Colorimetric Enzyme Assay

CRYOB: Fibroblast Subculture Followed by Cryopreservation and Storage

### NY State Available

Yes

## Specimen

**Specimen Type**

Tissue

**Ordering Guidance**

This test is not available for prenatal testing.

**Specimen Required**

**Submit only 1 of the following specimens:**

**Specimen Type:** Cultured fibroblasts

**Container/Tube:** T-75 or T-25 flask

**Specimen Volume:** 1 Full T-75 flask or 2 full T-25 flasks

**Specimen Stability Information:** Ambient (preferred)/Refrigerated <24 hours

**Specimen Type:** Skin biopsy

**Supplies:** Fibroblast Biopsy Transport Media (T115)

**Container/Tube:** Sterile container with any standard cell culture media (eg, minimal essential media, RPMI 1640). The solution should be supplemented with 1% penicillin and streptomycin. Tubes can be supplied upon request (Eagle's minimum essential medium with 1% penicillin and streptomycin).

**Specimen Volume:** 4-mm punch

**Specimen Stability Information:** Refrigerated (preferred)/Ambient

**Forms**

1. **New York Clients-Informed consent is required.** Document on the request form or electronic order that a copy is on file. The following documents are available in Special Instructions:

[-Informed Consent for Genetic Testing](#) (T576)

[-Informed Consent for Genetic Testing-Spanish](#) (T826)

2. If not ordering electronically, complete, print, and send an [Inborn Errors of Metabolism Test Request](#) (T798) with the specimen.

**Reject Due To**

Tissue	Specimen in formalin or fixative preservative
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**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Tissue	Varies		

## Clinical and Interpretive

### Clinical Information

The pyruvate dehydrogenase (PDH) complex (PDHC) catalyzes the oxidative decarboxylation of pyruvate to acetyl-CoA, a critical step in the production of cellular energy. PDHC is a multienzyme complex located in the inner mitochondrial membrane consisting of 6 different components: pyruvate decarboxylase (E1, with alpha and beta subunits), dihydrolipoic transacetylase (E2), dihydrolipoyl dehydrogenase (E3), 2 regulatory enzymes (PDH kinase and PDH phosphatase), and E3-binding protein.

PDHC deficiency is a mitochondrial disorder with a variable clinical presentation ranging from fatal congenital lactic acidosis to relatively mild ataxia or neuropathy. In infants and children with PDHC deficiency, the most common features are delayed development and hypotonia, as well as acquired microcephaly. Seizures and ataxia are also frequent features. Less common manifestations include congenital brain malformations, particularly ventriculomegaly and agenesis of the corpus callosum, or degenerative changes including Leigh disease. Facial dysmorphism is seen in a small portion of patients. PDHC deficiency is one of the most common causes of primary lactic acidosis in children. The severity of the disease progression is thought to be related to the severity of the lactic acidosis as well as the level of residual enzyme activity.

PDHC deficiency can be caused by defects in the E1 alpha, E1 beta, E2, or E3 subunits. The most common cause of PDHC deficiency is a defect in the E1 alpha subunit, which is encoded by the *PDH1* gene located on the X chromosome. Both females and males with a *PDH1* gene mutation are affected with PDHC deficiency; thus, it is classified as X-linked dominant. Mutations in the *PDH1* gene are typically de novo.

A major cause of primary lactic acidosis in children is PDHC deficiency; therefore, it should be suspected when blood and cerebrospinal fluid (CSF) lactate and pyruvate is elevated and the lactate-to-pyruvate (L:P) ratio is normal or slightly elevated. Plasma or CSF alanine (AAQP / Amino Acids, Quantitative, Plasma or AACSF / Amino Acids, Quantitative, Spinal Fluid) may also be increased.

A diagnosis of PDHC deficiency depends on the measurement of enzyme activity in cells or tissues, most commonly in skin fibroblasts.

### Reference Values

>25.00 nmol/min/g protein (Normal)

5.00-25.00 nmol/min/g protein (Indeterminate)

<5.00 nmol/min/g protein (Deficient)

Reference values apply to all ages.

### Interpretation

When below-normal enzyme activities are detected, a detailed interpretation is given. This interpretation includes an overview of the results and their significance, a correlation to available clinical information, elements of differential diagnosis, and recommendations for additional biochemical testing.

### Cautions

No significant cautionary statements

### Clinical Reference

1. Patel KP, O'Brien TW, Subramony SH, et al: The spectrum of pyruvate dehydrogenase complex deficiency:

clinical, biochemical and genetic features in 371 patients. Mol Genet Metab 2012;106:385-394

2. Robinson BH: Lactic acidemia. In Disorders of Pyruvate Carboxylase and Pyruvate Dehydrogenase. Edited by D Valle, AL Beaudet, B Vogelstein, et al. New York. McGraw-Hill. Accessed March 30, 2017. Available at [www.ombid.mhmedical.com/content.aspx?sectionid=62633368&bookid=971&jumpsectionID=62633403&Resultclick=2](http://www.ombid.mhmedical.com/content.aspx?sectionid=62633368&bookid=971&jumpsectionID=62633403&Resultclick=2).

4. Lib M, Rodriguez-Mari A, Marusich MF, Capaldi RA: Immunocapture and microplate-based activity measurement of mammalian pyruvate dehydrogenase complex. Anal Biochem 2003 Mar 1;314(1):121-127. PMID:12633610

5. Shin HK, Grahame G, McCandless SE, et al: Enzymatic testing sensitivity, variability and practical diagnostic algorithm for pyruvate dehydrogenase complex (PDC) deficiency. Mol Genet Metab 2017;122(3):61-66 doi:10.1016/j.ymgme.2017.09.001

## Performance

### Method Description

Pyruvate dehydrogenase complex (PDHC) enzyme is isolated using an immunocapture (enzyme-linked immunosorbent assay: ELISA) method followed by colorimetric measurement of enzyme activity. Following addition of substrate to the isolated enzyme, PDHC activity is monitored colorimetrically and results are calculated based on the reduction of NADH+ to NAD. (Instruction manual: Pyruvate Dehydrogenase [PDH] Enzyme Activity Microplate Assay Kit. Abcam, Inc, Cambridge, MA 02139-1517, USA, 2012)

### PDF Report

No

### Day(s) Performed

Varies

### Report Available

60 to 70 days

### Specimen Retention Time

3 years - Check with the lab for availability

### Performing Laboratory Location

Rochester

## Fees and Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

### CPT Code Information

84311-PDHC

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88233-Fibroblast culture

88240-Cryopreservation for biochemical studies

**LOINC® Information**

Test ID	Test Order Name	Order LOINC Value
PDHC	Pyruvate Dehydrogenase Comp, Fibro	74577-8

Result ID	Test Result Name	Result LOINC Value
38064	PDHC	74577-8
30031	Interpretation (PDHC)	59462-2
30033	Reviewed By	18771-6