



# Test Definition: GLSF

Glucose, Spinal Fluid

## Overview

### Useful For

Investigating possible central nervous system infection

### Method Name

Photometric, Glucose Oxidase/Peroxidase

### NY State Available

Yes

## Specimen

### Specimen Type

CSF

### Specimen Required

**Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

**Collection Instructions:** Centrifuge to remove any cellular material.

### Specimen Minimum Volume

0.25 mL

### Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

### Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
CSF	Frozen (preferred)	30 days	
	Refrigerated	7 days	

## Clinical & Interpretive

### Clinical Information

Cerebrospinal fluid (CSF) is secreted by the choroid plexuses, around the cerebral vessels, and along the walls of the ventricles of the brain, filling the ventricles and cisternae and bathing the spinal cord. CSF is reabsorbed into the blood through the arachnoid villi. CSF turnover is rapid, exchanging about 4 times per day.

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CSF glucose levels may be decreased due to consumption by microorganisms, impaired glucose transport, or increased glycolysis. Elevated CSF glucose levels are consistent with hyperglycemia.

**Reference Values**

Spinal fluid glucose concentration should be approximately 60% of the plasma/serum concentration and should be compared with concurrently measured plasma/serum glucose for adequate clinical interpretation.

For SI unit Reference Values, see <https://www.mayocliniclabs.com/order-tests/si-unit-conversion.html>

**Interpretation**

Cerebrospinal fluid (CSF) glucose levels may be decreased in any central nervous system infection, although levels are typically normal in viral meningitis, low in bacterial meningitis, and may be normal or low in fungal meningitis.

CSF glucose levels are normally about 60% of blood glucose levels.

**Cautions**

Handle specimens in stoppered containers to avoid contamination and evaporation.

Cerebrospinal fluid specimens should be processed without delay; they may contain cellular constituents, as well as organisms, that lower the concentration of glucose with time.

**Clinical Reference**

Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. Edited by CA Burtis, ER Ashwood, DE Bruns, St. Louis, MO, Elsevier Saunders, 2012

**Performance****Method Description**

Patient specimen is deposited on the slide where the spreading layer promotes the uniform distribution of the specimen and permits an even penetration of solute molecules into the underlying reagent layer. The oxidation of specimen glucose is catalyzed by glucose oxidase to form hydrogen peroxide and gluconate. The reaction is followed by an oxidative coupling catalyzed by peroxidase in the presence of dye precursors to produce a dye. The intensity of the dye is measured by reflected light.

Each mole of glucose oxidized results in 0.5 mole of dye, assuming quantitative conversions. The intensity of the dye is measured by reflected light at 540 nm and concentration is reported in milligrams per deciliter. (Package insert: Vitros Chemistry Products Instructions for Use-GLU Slides, Ortho-Clinical Diagnostics, Inc. Rochester, NY 14626)

**PDF Report**

No

**Day(s) Performed**

Monday through Sunday

**Report Available**

Same day/1 day

**Specimen Retention Time**

1 week

**Performing Laboratory Location**

Mayo Clinic Laboratories - Rochester Main Campus

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

**CPT Code Information**

82945

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
GLSF	Glucose, CSF	2342-4

Result ID	Test Result Name	Result LOINC® Value
GLSF	Glucose, CSF	2342-4