MAYO CLINIC LABORATORIES

Test Definition: MT

Metallothionein Immunostain, Technical Component Only

Overview

Useful For

Supporting the diagnosis of Wilson disease

Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
IHTOI	IHC Initial, Tech Only	No	No
IHTOA	IHC Additional, Tech Only	No	No

Testing Algorithm

For the initial technical component only immunohistochemical (IHC) stain performed, the appropriate bill-only test ID will be reflexed and charged (IHTOI). For each additional technical component only IHC stain performed, an additional bill-only test ID will be reflexed and charged (IHTOA).

Method Name

Immunohistochemistry (IHC)

NY State Available

Yes

Specimen

Specimen Type

TECHONLY

Ordering Guidance

This test includes only technical performance of the stain; **no pathologist interpretation is provided**.

Technical component only stains **should not** be ordered with PATHC / Pathology Consultation. If ordered with PATHC, the technical component stains **will be canceled**. Any immunohistochemistry (IHC)/in situ hybridization (ISH) stain performed as a part of the PATHC will be performed at the reviewing pathologist's discretion at an additional charge.

Shipping Instructions

Attach the green pathology address label and the pink Immunostain Technical Only label included in the kit to the outside of the transport container.

Specimen Required

Specimen Type: Tissue

Supplies: Immunostain Technical Only Envelope (T693)
Container/Tube: Immunostain Technical Only Envelope
Submit:
-Formalin-fixed, paraffin-embedded tissue block
OR
-2 Unstained, positively charged glass slides (25- x 75- x 1-mm) per test ordered; sections 4-microns thick
Additional Information: Broken or cracked unstained slides will be rejected. Stained slides that were broken and repaired (ie, double mounted) at the client site will not be rejected, as, in most cases, they can still be reviewed under the microscope. However, due to the double mounting, digital scanning cannot be performed.

Digital Image Access

1. Information on accessing digital images of immunohistochemical (IHC) stains and the manual requisition form can be accessed through this website: https://news.mayocliniclabs.com/ihc-stains/
2. Clients ordering stains using a manual requisition form will not have access to digital images.
3. Clients wishing to access digital images must place the order for IHC stains electronically. Information regarding digital imaging can be accessed through this website: https://news.mayocliniclabs.com/ihc-stains/#FAQ

Forms

If not ordering electronically, complete, print, and send a Immunohistochemical (IHC)/In Situ Hybridization (ISH) Stains Request (T763) with the specimen.

Specimen Minimum Volume

See Specimen Required

Reject Due To

Wet/frozen tissue	Reject
Cytology smears	Reject
Non-formalin fixed tissue	Reject
Nonparaffin embedded tissue	Reject
Noncharged, ProbeOn or Snowcoat slides	Reject
Broken or cracked unstained slides	Reject
Broken or cracked	Reject

stained slides that cannot be repaired	

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
TECHONLY	Ambient (preferred)		
	Refrigerated		

Clinical & Interpretive

Clinical Information

This test is intended to identify the presence of metallothionein (MT). MT is useful to support a diagnosis of Wilson disease (WD). MT plays a role in binding the accumulated copper in WD disorder. MT can detect even early-stage cases of WD before the development of cirrhosis. The MT assay has been shown to have higher sensitivity and specificity compared to the use of the Leipzig criteria and rhodanine. MT expression by IHC is a more cost effective and practical approach compared to quantitative liver copper assays.

Interpretation

This test does not include pathologist interpretation, only technical performance of the stain. If interpretation is required, order PATHC / Pathology Consultation for a full diagnostic evaluation or second opinion of the case.

The positive and negative controls are verified as showing appropriate immunoreactivity.

Interpretation of this test should be performed in the context of the patient's clinical history and other diagnostic tests by a qualified pathologist.

Cautions

Age of a cut paraffin section can affect immunoreactivity. Stability thresholds vary widely among published literature and are antigen dependent. Best practice is for paraffin sections to be cut within 6 weeks.

The charge of glass slides can be affected by environmental factors and subsequently may alter slide staining. Sending unsuitable glass slides can result in inconsistent staining due to poor slide surface chemistry.

Best practices for storage of positively charged slides:
-Minimize time slides are stored after being unpackaged
-Limit exposure to high humidity and heat
-Minimize exposure to plastics

Broken or cracked unstained slides are not compatible with the instrumentation used in our performing laboratories and will be rejected. Additional material may be requested.

Attempts will be made to repair broken or cracked stained slides; however, if they are unable to be repaired (ie, shattered in transit), they will be rejected and discarded due to safety concerns.

Clinical Reference

1. Rowan D, Mangalaparthi KK, Singh S, et al. Metallothionein immunohistochemistry has high sensitivity and specificity for detection of Wilson disease. Mod Pathol. 2022;35(7):946-955
2. Poujois A, Woimant F. Wilson's disease: A 2017 update. Clin Res Hepatol Gastroenterol. 2018;42(6):512-520
3. Mulder TP, Janssens AR, Verspaget HW, et al. Metallothionein concentration in the liver of patients with wilson's disease, primary biliary cirrhosis, and liver metastasis of colorectal cancer. J Hepatol. 1992;16(3):346-350
4. Petering DH, Fowler BA. Roles of metallothionein and related proteins in metal metabolism and toxicity: problems and perspectives. Environ Health Perspect. 1986;65:217-224

Performance

Method Description

Immunohistochemistry on sections of paraffin-embedded tissue.(Unpublished Mayo method)

PDF Report

No

Day(s) Performed

Monday through Friday

Report Available

1 to 3 days

Specimen Retention Time

Until staining is complete

Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

Fees & Codes

Fees

- Authorized users can sign in to Test Prices for detailed fee information.
- Clients without access to Test Prices can contact Customer Service 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact Customer Service.

Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per

manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

CPT Code Information

88342-TC, primary
88341-TC, if additional IHC

LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
MT	Metallothionein IHC, Tech Only	No LOINC Needed

Result ID	Test Result Name	Result LOINC® Value
619973	Metallothionein IHC, Tech Only	No LOINC Needed