



# Test Definition: GRH

Growth Hormone Immunostain, Technical Component Only

## Overview

### Useful For

Aids in the identification of growth hormone adenomas

### Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
IHTOI	IHC Initial, Tech Only	No	No
IHTOA	IHC Additional, Tech Only	No	No

### Testing Algorithm

For the initial technical component only immunohistochemical (IHC) stain performed, the appropriate bill-only test ID will be reflexed and charged (IHTOI). For each additional technical component only IHC stain performed, an additional bill-only test ID will be reflexed and charged (IHTOA).

### Method Name

Immunohistochemistry (IHC)

### NY State Available

Yes

## Specimen

### Specimen Type

TECHONLY

### Ordering Guidance

This test includes only technical performance of the stain; **no pathologist interpretation is provided.**

Technical component only stains **should not** be ordered with PATHC / Pathology Consultation. If ordered with PATHC, the technical component stains **will be canceled**. Any immunohistochemistry (IHC)/in situ hybridization (ISH) stain performed as a part of the PATHC will be performed at the reviewing pathologist's discretion at an additional charge.

### Shipping Instructions

Attach the green "Attention Pathology" address label (T498) and the pink Immunostain Technical Only label included in the kit to the outside of the transport container.

### Specimen Required

**Specimen Type:** Tissue

**Supplies:** Immunostain Technical Only Envelope (T693)

**Container/Tube:** Immunostain Technical Only Envelope

**Preferred:**

-Formalin-fixed, paraffin-embedded tissue block

OR

-2 Unstained, positively charged glass slides (25- x 75- x 1-mm) per test ordered; sections 4-microns thick

**Acceptable:** None

**Digital Image Access**

1. Information on accessing digital images of immunohistochemical (IHC) stains and the manual requisition form can be accessed through this website: <https://news.mayocliniclabs.com/pathology/digital-imaging/>
2. Clients ordering stains using a manual requisition form will not have access to digital images.
3. Clients wishing to access digital images must place the order for IHC stains electronically. Information regarding digital imaging can be accessed through this website: <https://news.mayocliniclabs.com/pathology/digital-imaging/#section3>

**Forms**

If not ordering electronically, complete, print, and send a [Immunohistochemical \(IHC\)/In Situ Hybridization \(ISH\) Stains Request](#) (T763) with the specimen.

**Reject Due To**

Wet/frozen tissue Cytology smears Nonformalin fixed tissue Nonparaffin embedded tissue Noncharged slides ProbeOn slides Snowcoat slides	Reject
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**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
TECHONLY	Ambient (preferred)		
	Refrigerated		

**Clinical & Interpretive**

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**Clinical Information**

Growth hormone (GH) is a 21-kD polypeptide hormone that stimulates protein synthesis and may act primarily via the somatomedins. Somatotroph cells produce GH and constitute a high proportion of anterior pituitary cells (50%). GH shows cytoplasmic staining of normal pituitary somatotroph cells and GH adenomas. Globular juxtannuclear staining may be present in some adenomas.

**Interpretation**

This test does not include pathologist interpretation, only technical performance of the stain. If interpretation is required, order PATHC / Pathology Consultation for a full diagnostic evaluation or second opinion of the case.

The positive and negative controls are verified as showing appropriate immunoreactivity.

Interpretation of this test should be performed in the context of the patient's clinical history and other diagnostic tests by a qualified pathologist.

**Cautions**

Age of a cut paraffin section can affect immunoreactivity. Stability thresholds vary widely among published literature and are antigen dependent. Best practice is for paraffin sections to be cut within 6 weeks.

The charge of glass slides can be affected by environmental factors and subsequently may alter slide staining. Sending unsuitable glass slides can result in inconsistent staining due to poor slide surface chemistry.

Best practices for storage of positively charged slides:

- Minimize time slides are stored after being unpackaged
- Limit exposure to high humidity and heat
- Minimize exposure to plastics

**Clinical Reference**

1. Lea RW, Dawson T, Martinez-Moreno CG, El-Abry N, Harvey S. Growth hormone and cancer: GH production and action in glioma? *Gen Comp Endocrinol.* 2015;220:119-123. doi:10.1016/j.ygcen.2015.06.011
2. Mete O, Cintosun A, Pressman I, Asa SL: Epidemiology and biomarker profile of pituitary adenohypophysial tumors. *Mod Pathol.* 2018 Jun;31(6):900-909. doi: 10.1038/s41379-018-0016-8
3. Proudant N, Peroski M, Grignol G, Merchenthaler I, Dudas B. Juxtapositions between the somatostatinergic and growth hormone-releasing hormone (GHRH) neurons in the human hypothalamus. *Neuroscience.* 2015;297:205-210. doi:10.1016/j.neuroscience.2015.03.054
4. Magaki S, Hojat SA, Wei B, So A, Yong WH. An introduction to the performance of immunohistochemistry. *Methods Mol Biol.* 2019;1897:289-298. doi:10.1007/978-1-4939-8935-5\_25

**Performance****Method Description**

Immunohistochemistry on sections of paraffin-embedded tissue.(Unpublished Mayo method)

**PDF Report**

No

**Day(s) Performed**

Monday through Friday

**Report Available**

1 to 3 days

**Specimen Retention Time**

Until staining is complete.

**Performing Laboratory Location**

Mayo Clinic Laboratories - Rochester Main Campus

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

**CPT Code Information**

88342-TC, primary

88341-TC, if additional IHC

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
GRH	Growth Hormone IHC, Tech Only	Order only;no result

Result ID	Test Result Name	Result LOINC® Value
70757	Growth Hormone IHC, Tech Only	Bill only; no result