Test Definition: NIU

Nickel, 24 Hour, Urine

Overview

Useful For

Preferred test for biomonitoring patients for nickel exposure to minimize any potential diurnal variation

Special Instructions

- Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens
- Metals Analysis Specimen Collection and Transport

Method Name

Inductively Coupled Plasma-Mass Spectrometry (ICP-MS)

NY State Available

Yes

Specimen

Specimen Type

Urine

Ordering Guidance

This test is preferred for the determination of nickel exposure, but serum concentrations can be used to verify an elevated urine concentration. For more information see NIS / Nickel, Serum.

Necessary Information

24-Hour volume (in milliliters) is required.

Specimen Required

Patient Preparation: High concentrations of gadolinium and iodine are known to potentially interfere with most inductively coupled plasma mass spectrometry-based metal tests. If either gadolinium- or iodine-containing contrast media has been administered, **a specimen should not be collected for 96 hours**.
Supplies: Urine Tubes, 10 mL (T068)
Collection Container/Tube: Clean, plastic aliquot container with no metal cap or glued insert
Submission Container/Tube: Plastic, 10-mL urine tube
Specimen Volume: 0.55 mL
Collection Instructions:
1. Collect urine for 24 hours.
2. Refrigerate specimen within 4 hours of completion of 24-hour collection.
See Metals Analysis Specimen Collection and Transport for complete instructions.
Additional Information: See Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens for multiple collections.

Urine Preservative Collection Options

Note: Preservatives must be added or temperature controls applied within 4 hours of completion of the collection.

Ambient (no additive)	OK
Refrigerate (no additive)	Preferred
Frozen (no additive)	OK
50% Acetic Acid	OK
Boric Acid	No
Diazolidinyl Urea	No
6M Hydrochloric Acid	No
6M Nitric Acid	OK
Sodium Carbonate	No
Toluene	No

Specimen Minimum Volume

0.35 mL

Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	28 days	
	Ambient	28 days	
	Frozen	28 days	

Clinical & Interpretive

Clinical Information

Nickel is a highly abundant element with a silvery-white appearance. Nickel is frequently combined with other metals to form alloys and is essential for the catalytic activity of some plant and bacterial enzymes (including in several pathogenic and symbiotic species in humans) but has no known role in humans. Most nickel is used to make stainless steel.

Nickel and its compounds have no characteristic odor or taste. nickel compounds are used for nickel plating, to color ceramics, to make some batteries, and as catalysts that increase the rate of chemical reactions. One of the most toxic nickel compounds is nickel carbonyl, Ni(CO)4, which is used as a catalyst in petroleum refining and in the plastics industry, is frequently employed in the production of metal alloys (which are popular for their anticorrosive and hardness properties), in nickel-cadmium rechargeable batteries, and is used as a catalyst in hydrogenation of oils. Ni(CO)4 is very toxic and is lipid soluble, allowing it to cross cell membranes.

Occupational exposure to nickel occurs primarily via inhalation of nickel compounds. Inhalation of dust high in nickel content has been associated with development of lung and nasal cancer.

Food is the major source of exposure to nickel. Foods naturally high in nickel concentrations include chocolate, soybeans, nuts, and oatmeal. Individuals may also be exposed to nickel by breathing air, drinking water, or smoking tobacco containing nickel. Stainless steel and coins contain nickel. Some jewelry is plated with nickel or made from nickel alloys. Patients may be exposed to nickel in implanted devices including joint prostheses, sutures, clips, and screws made from nickel -containing alloys.

The most common harmful health effect of nickel in humans is an allergic reaction. Approximately 10% to 20% of the population is sensitive to nickel. The most serious harmful health effects from exposure to nickel, such as chronic bronchitis, reduced lung function, and cancer of the lung and nasal sinus, have occurred in people who have breathed dust containing certain nickel compounds while working in nickel refineries or nickel-processing plants.

Urine is the specimen of choice for the determination of nickel exposure, but serum concentrations can be used to verify an elevated urine concentration.

Patients undergoing dialysis are exposed to nickel and accumulate nickel in blood and other organs; there appear to be no adverse health effects from this exposure. Hypernickelemia has been observed in patients undergoing kidney dialysis. At the present time, this is considered to be an incidental finding as no correlation with toxic events has been identified. Routine monitoring of patients undergoing dialysis is currently not recommended.

Reference Values

0-17 years: Not established
> or =18 years: <6.0 mcg/24h

Interpretation

Values of 6.0 mcg/24-hour specimen and higher represent possible environmental or occupational exposure.

Hypernickelemia, in the absence of exposure, may be an incidental finding or could be due to specimen contamination.

Cautions

Specimen collection procedures for nickel require special collection containers, rigorous attention to ultraclean specimen collection and handling procedures, and analysis in an ultraclean facility. Unless all these procedures are followed, increased urinary nickel results may be an incidental and misleading finding.

This test cannot determine the source compound (eg, nickel sulfate) responsible for the exposure.

Clinical Reference

1. Moreno ME, Acosta-Saavedra LC, Mez-Figueroa D, et al. Biomonitoring of metal in children living in a mine tailings zone in Southern Mexico: A pilot study. Int J Hyg Environ Health. 2010;213(4):252-258. doi:10.1016/j.ijheh.2010.03.005
2. Schulz C, Angerer J, Ewers U, Heudorf U, Wilhelm M. Human Biomonitoring Commission of the German Federal Environment Agency: Revised and new reference values for environmental pollutants in urine or blood of children in Germany derived from the German Environmental Survey on Children 2003-2006 (GerES IV). Int J Hyg Environ Health. 2009;212(6):637-647. doi:10.1016/j.ijheh.2009.05.003
3. US Department of Health and Human Services. Toxicological profile for nickel. Agency for Toxic Substances and Disease Registry; 2005. Accessed March 2020. Available at www.atsdr.cdc.gov/ToxProfiles/tp15.pdf
4. Rifai N, Horvath AR, Wittwer CT, eds. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 6th ed. Elsevier;

2018
5. Zambelli B, Ciurli S. Nickel and human health. In: Sigel A, Sigel H, Sigel R, eds. Interrelations between Essential Metal Ions and Human Diseases. Springer; 2013:321-357. Metal Ions in Life Sciences. Vol 13

Performance

Method Description
The metal of interest is analyzed by inductively coupled plasma mass spectrometry.(Unpublished Mayo method)

PDF Report
No

Day(s) Performed
Thursday

Report Available
2 to 8 days

Specimen Retention Time
14 days

Performing Laboratory Location
Mayo Clinic Laboratories - Rochester Superior Drive

Fees & Codes

Fees
- Authorized users can sign in to Test Prices for detailed fee information.
- Clients without access to Test Prices can contact Customer Service 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact Customer Service.

Test Classification
This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

CPT Code Information
83885

LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
NIU	Nickel, 24 Hr, U	5705-9

Test Definition: NIU

Nickel, 24 Hour, Urine

Result ID	Test Result Name	Result LOINC® Value
8626	Nickel, 24 Hr, U	5705-9
TM18	Collection Duration (h)	13362-9
VL30	Volume (mL)	3167-4