

Test Definition: PBGDW

Porphobilinogen Deaminase, Washed Erythrocytes

Reporting Title: PBG Deaminase, RBC **Performing Location:** Rochester

Ordering Guidance:

This test is for diagnosis of acute intermittent porphyria. Porphobilinogen deaminase, also known as uroporphyrinogen I synthase, is commonly confused with uroporphyrinogen III synthase, the enzyme deficient in congenital erythropoietic porphyria (CEP). For CEP cases, order UPGC / Uroporphyrinogen III Synthase (Co-Synthase), Erythrocytes.

Necessary Information:

1. Volume of packed cells and total volume of erythrocyte suspension (red cells + saline) are required and must be sent with specimen.

2. Patient's age is required

3. Include a list of medications the patient is currently taking.

Specimen Requirements:

Patient Preparation: Abstinence from alcohol for at least 24 hours prior to specimen collection is essential as ethanol induces porphobilinogen deaminase activity, which may lead to a false-normal result.

Collection Container/Tube:

Preferred: Green top (sodium heparin)

Acceptable: Lavender top (EDTA) or green top (lithium heparin)

Submission Container/Tube: Plastic vial

Specimen Volume: Washed erythrocyte suspension

Collection Instructions: Collect and process whole blood specimen as follows:

- 1. Transfer entire specimen to a 12-mL graduated centrifuge tube.
- 2. Centrifuge specimen at 4 degrees C for 10 minutes at 2000 rpm.
- 3. Record volume of packed cells and the total volume of the specimen.

4. Discard supernatant plasma.

5. Wash packed erythrocytes 2 times by resuspension of at least an equal amount of cold 0.9% saline, mix, and

centrifuge for 5 minutes at 2000 rpm, discarding supernatant after each washing.

6. Resuspend packed cells to the original total volume with 0.9% saline. Invert specimen gently to mix.

Specimen Minimum Volume:

1 mL of washed and resuspended erythrocytes

Forms:

1. New York Clients-Informed consent is required. Document on the request form or electronic order that a copy is on file. The following documents are available:

-Informed Consent for Genetic Testing (T576)

-Informed Consent for Genetic Testing-Spanish (T826)

2. If not ordering electronically, complete, print, and send a Biochemical Genetics Test Request (T798) with the specimen.

LABORATORIES

Test Definition: PBGDW

Porphobilinogen Deaminase, Washed Erythrocytes

Specimen Type	Temperature	Time	Special Container
Washed RBC	Frozen (preferred)	14 days	
	Refrigerated	14 days	
	Ambient	48 hours	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Туре	Reportable
PBGDW	BG575	Total cell Suspension	Plain Text	Yes
PBGDW	BG576	Packed cell volume	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Туре	Unit	LOINC®
31944	PBG Deaminase, RBC	Alphanumeric	nmol/L/sec	2812-6
31945	Interpretation	Alphanumeric		59462-2
BG575	Total cell Suspension	Alphanumeric		94496-7
BG576	Packed cell volume	Alphanumeric		94497-5
606471	Reviewed By	Alphanumeric		18771-6

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82657



Test Definition: PBGDW

Porphobilinogen Deaminase, Washed Erythrocytes

Reference Values:

Reference ranges have not been established for patients who are younger than 16 years of age.

> or =7.0 nmol/L/sec 6.0-6.9 nmol/L/sec (indeterminate) <6.0 nmol/L/sec (diminished)</pre>