

## **Test Definition: VITC**

Ascorbic Acid (Vitamin C), Plasma

Reporting Title: Ascorbic Acid, P Performing Location: Rochester

## **Shipping Instructions:**

Ship specimen in amber vial to protect from light.

### **Specimen Requirements:**

Patient Preparation: Fasting overnight (12-14 hours) (infants-collect prior to next feeding). Water can be taken as

needed.

Supplies: Sarstedt 5 mL Aliquot Tube (Amber) (T915)

Collection Container/Tube: Green top (sodium or lithium heparin) or plasma gel separator (PST)

Submission Container/Tube: Amber vial

Specimen Volume: 1 mL Collection Instructions:

1. Immediately place specimen on wet ice and process within 4 hours of collection.

2. Centrifuge at 4 degrees C, aliquot plasma into amber vial to protect from light, and freeze immediately.

## **Specimen Minimum Volume:**

0.5 mL

Specimen Type	Temperature	Time	Special Container	
Plasma Heparin	Frozen	14 days	LIGHT PROTECTED	

#### Result Codes:

Result ID	Reporting Name	Туре	Unit	LOINC®
8312	Ascorbic Acid, P	Numeric	mg/dL	1903-4

LOINC and CPT codes are provided by the performing laboratory.

## Supplemental Report:

No

#### **CPT Code Information:**

82180



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## **Reference Values:**

0.4-2.0 mg/dL