

Heavy Metals Screen, with Reflex, 24 Hour, Urine

Reporting Title: Heavy Metal Scrn w/Reflex, 24 Hr, U

Performing Location: Rochester

#### **Specimen Requirements:**

1. High concentrations of gadolinium and iodine are known to interfere with most metal tests. If either gadolinium- or iodine-containing contrast media has been administered, a specimen should not be collected for 96 hours.

2. Patient should not eat seafood for a 48-hour period prior to start of, or during, collection.

Supplies: Urine Tubes, 10 mL (T068)

Collection Container/Tube: Clean, plastic aliquot container with no metal cap or glued insert

Submission Container/Tube: Plastic, 10-mL urine tube

Specimen Volume: 10 mL Collection Instructions:

1. Collect urine for 24 hours.

- 2. Refrigerate specimen within 4 hours of completion of 24-hour collection.
- 3. See Metals Analysis Specimen Collection and Transport for complete instructions.

Additional Information: See Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens for multiple collections.

#### **Specimen Minimum Volume:**

3 mL

## **Urine Preservative Collection Options:**

Note: The addition of preservative or application of temperature controls must occur within 4 hours of completion of the collection.

Ambient No

Refrigerate Preferred

Frozen OK

50% Acetic Acid OK

Boric Acid No

Diazolidinyl Urea No

6M Hydrochloric Acid OK

6M Nitric Acid No

Sodium Carbonate No

Thymol No

Toluene No

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	7 days	
	Frozen	7 days	

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## Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Туре	Reportable
CDHMU	TIME4	Collection Duration	Plain Text	Yes
CDHMU	VL16	Total Volume	Plain Text	Yes

#### **Result Codes:**

Result ID	Reporting Name	Туре	Unit	LOINC®
48539	Arsenic, 24 Hr, U	Numeric	mcg/24 h	5587-1
	Also used by tests: ASHU			
92215	Total Arsenic Concentration	Numeric	mcg/L	21074-0
	Also used by tests: ASHU			
8678	Cadmium, 24 Hr, U	Numeric	mcg/24 h	5612-7
	Also used by tests: CDHMU			
TIME4	Collection Duration	Alphanumeric		13362-9
	Also used by tests: CDHMU			
VL16	Total Volume	Alphanumeric		3167-4
	Also used by tests: CDHMU			
92408	Mercury, 24 Hr, U	Numeric	mcg/24 h	6693-6
	Also used by tests: HGHU			
92409	Lead, 24 Hr, U	Numeric	mcg/24 h	5677-0
	Also used by tests: PBHU			

LOINC and CPT codes are provided by the performing laboratory.

## **Supplemental Report:**

No

## **Components:**

Test ID	Reporting Name	CPT Units	CPT Code	Always	Orderable
				Performed	Separately



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Test ID	Reporting Name	CPT Units	CPT Code	Always Performed	Orderable Separately
ASHU	Arsenic, 24 Hr, U			Yes	Yes (order ASU24)
CDHMU	Cadmium, 24 Hr, U			Yes	Yes (order CDU)
HGHU	Mercury, 24 Hr, U			Yes	Yes (order HGU)
PBHU	Lead, 24 Hr, U			Yes	Yes (order PBU)

## **CPT Code Information:**

82175

82300

83825

83655

### **Reflex Tests:**

Test ID	Reporting Name	CPT Units	CPT Code	Always Performed	Orderable Separately
SPASU	Arsenic Speciation, 24 Hr, U			No	Yes

### **Result Codes for Reflex Tests:**

Test ID	Result ID	Reporting Name	Туре	Unit	LOINC®
SPASU	609384	Inorganic Arsenic (Toxic)	Alphanumeric	mcg/L	41992-9
SPASU	609385	Methylated Arsenic (Toxic)	Alphanumeric	mcg/L	96252-2
SPASU	609386	Organic Arsenic (Non-Toxic)	Alphanumeric	mcg/L	43181-7
SPASU	609406	Toxic Arsenic Concentration	Alphanumeric	mcg/L	96251-4
SPASU	609387	Total Arsenic Concentration	Numeric	mcg/L	21074-0



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#### **Reference Values:**

ARSENIC:

0-17 years: Not established > or =18 years: <35 mcg/24 h

CADMIUM:

0-17 years: Not established > or =18 years: <0.7mcg/24 h

MERCURY:

0-17 years: Not established > or =18 years: <2 mcg/24 h Toxic concentration: >50 mcg/24 h

The concentration at which toxicity is expressed is widely variable between patients. 50 mcg/24 h is the lowest concentration at which toxicity is usually apparent.

LEAD:

0-17 years: Not established > or =18 years: <2 mcg/24 h