

Test Definition: 3MT

3-Methoxytyramine, 24 Hour, Urine

Reporting Title: 3-Methoxytyramine, 24h, U

Performing Location: Rochester

Necessary Information:

24-Hour volume (in milliliters) is required.

Specimen Requirements:

Patient Preparation: Tricyclic antidepressants, labetalol, and sotalol medications may elevate levels of catecholamines producing results that cannot be interpreted. If clinically feasible, it is optimal to discontinue these medications at least 1 week before collection. Levodopa (Sinemet) medication will cause false-positive results. For advice on assessing the risk of removing patients from these medications and alternatives, consider consultation with a specialist in endocrinology or hypertension.

Supplies: Urine Tubes, 10 mL (T068)

Submission Container/Tube: Plastic urine tube

Specimen Volume: 10 mL Collection Instructions:

- 1. Complete 24-hour urine collections are preferred, especially for patients with episodic hypertension; ideally the collection should begin at the onset of a "spell."
- 2. Add 10 g (pediatric: 3 g) of boric acid or 25 mL (pediatric: 15 mL) of 50% acetic acid as preservative at start of collection.
- 3. Collect urine for 24 hours.

Additional Information: See Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens for multiple collections.

Specimen Minimum Volume:

3 mL

Urine Preservative Collection Options:

Note: The addition of preservative must occur prior to beginning the collection.

Ambient (no additive) OK
Refrigerate (no additive) OK
Frozen (no additive) OK
50% Acetic Acid Preferred
Boric Acid Preferred
Diazolidinyl Urea No
6M Hydrochloric Acid OK
6M Nitric Acid OK

Sodium Carbonate OK

Thymol No Toluene OK

Test Definition: 3MT

3-Methoxytyramine, 24 Hour, Urine

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	28 days	
	Frozen	90 days	
	Ambient	28 days	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Туре	Reportable
3MT	TM120	Collection Duration	Plain Text	Yes
3MT	VL120	Urine Volume	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Туре	Unit	LOINC®
65157	3-Methoxytyramine, U	Alphanumeric	mcg/24 h	32618-1
TM120	Collection Duration	Alphanumeric		13362-9
VL120	Urine Volume	Alphanumeric		3167-4

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82542

Reference Values:

Males: < or =306 mcg/24 hours Females: < or =242 mcg/24 hours