

Reporting Title: Melatonin, Plasma**Performing Location:** NMS Labs**Specimen Requirements:**

Must submit one specimen per order. Specimens cannot be shared between multiple orders.

Specimen Type: Plasma

Collection Container/Tube:

Preferred: Lavender top (EDTA)

Acceptable: Pink top (EDTA)

Submission Container/Tube: Plastic vial

Specimen volume: 3 mL

Collection instructions:

1. Draw blood in EDTA (lavender top) tube(s).
2. Centrifuge and send 1 mL of plasma refrigerated in a plastic vial.

Specimen Minimum Volume:

0.5 mL

Specimen Type	Temperature	Time	Special Container
Plasma EDTA	Refrigerated (preferred)	30 days	
	Frozen	365 days	
	Ambient	14 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z3521	Melatonin	Alphanumeric		11055-1

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

80299

Reference Values:

Reporting limit determined each analysis.

Units: ng/mL