

**Reporting Title:** Zinc, S**Performing Location:** Rochester**Specimen Requirements:**

Patient Preparation: High concentrations of gadolinium, iodine, and barium are known to interfere with most metal tests. If gadolinium-, iodine, or barium-containing contrast media has been administered, the specimen should not be collected for 96 hours.

Supplies:

-Metal Free Specimen Vial (T173)

-Metal Free B-D Tube (No Additive), 6 mL (T184)

Collection Container/Tube: 6-mL Plain, royal blue-top Vacutainer plastic trace element blood collection tube

Submission Container/Tube: 7-mL Mayo metal-free, screw-capped, polypropylene vial

Specimen Volume: 0.8 mL

Collection Instructions:

1. This specimen must always be drawn first.
2. Do not collect specimen from a line.
3. Allow the specimen to clot for 30 minutes; then centrifuge the specimen to separate serum from the cellular fraction. Serum must be removed from cellular fraction within 4 hours of specimen collection. Avoid hemolysis.
4. Remove the stopper. Carefully pour specimen into a Mayo metal-free, polypropylene vial, avoiding transfer of the cellular components of blood. Do not insert a pipet into the serum to accomplish transfer, and do not ream the specimen with a wooden stick to assist with serum transfer.
5. See Metals Analysis Specimen Collection and Transport for complete instructions.

**Specimen Minimum Volume:**

0.2 mL

**Forms:**

If not ordering electronically, complete, print, and send General Test Request (T239) with the specimen.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	28 days	METAL FREE
	Ambient	28 days	METAL FREE
	Frozen	28 days	METAL FREE

**Result Codes:**

Result ID	Reporting Name	Type	Unit	LOINC®
7735	Zinc, S	Numeric	mcg/dL	5763-8

LOINC and CPT codes are provided by the performing laboratory.

**Supplemental Report:**

No

**CPT Code Information:**

84630

**Reference Values:**

0-10 years: 60-120 mcg/dL  
11-17 years: 66-110 mcg/dL  
> or =18 years: 60-106 mcg/dL