

Reporting Title: Cortisol, Saliva**Performing Location:** Rochester**Necessary Information:**

Collection time is required.

Specimen Requirements:

Patient Preparation:

1. Do not brush teeth before collecting specimen.
2. Do not eat or drink for 15 minutes prior to specimen collection.

Supplies: Cortisol, Saliva Collection Kit (T514)

Container/Tube: SARSTEDT Salivette

Specimen Volume: 1.5 mL

Collection Instructions:

1. Provide patient with a Saliva Collection Kit (Salivette) containing the Cortisol - Saliva Collection Instructions and ask them to follow the instructions as written.
2. Instruct patient to collect specimen between 11 p.m. and midnight and record collection time on the Cortisol - Saliva Collection Instructions sheet.
3. Instruct patient to return Cortisol - Saliva Collection Instructions with the appropriately labeled Salivette to the laboratory.

Additional Information:

1. Reference values are also available for an 8 a.m. (7 a.m.-9 a.m.) or a 4 p.m. (3 p.m.-5 p.m.) collection, however, the 11 p.m. to midnight collection is preferred.
2. If multiple specimens are collected, submit each vial under a separate order.

Specimen Minimum Volume:

0.6 mL

Forms:

If not ordering electronically, complete, print, and send General Request (T239)

Specimen Type	Temperature	Time	Special Container
Saliva	Refrigerated (preferred)	28 days	
	Frozen	60 days	
	Ambient	28 days	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
SALCT	COLT3	Collection Time in Military Time	Plain Text	No

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
84225	Cortisol, Saliva	Numeric	ng/dL	2142-8
23612	AM Cortisol	Numeric	ng/dL	58674-3
23613	PM Cortisol	Numeric	ng/dL	58668-5
23614	Midnight Cortisol	Numeric	ng/dL	58642-0

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82533

Reference Values:

7 a.m.-9 a.m.: 100-750 ng/dL
3 p.m.-5 p.m.: <401 ng/dL
11 p.m.-midnight: <100 ng/dL