Test Definition: CRS

Chromium, Serum

Reporting Title: Chromium, S
Performing Location: Rochester

Ordering Guidance:

The US Food and Drug Administration recommended test for monitoring chromium in patients with metal-on-metal implants is CRWB / Chromium, Blood.

Specimen Requirements:

Patient Preparation: High concentrations of gadolinium and iodine are known to interfere with most metal tests. If either gadolinium- or iodine-containing contrast media has been administered, a specimen should not be collected for 96 hours.

Supplies: Metal Free Specimen Vial (T173)

Collection Container/Tube: Plain, royal blue-top Vacutainer plastic trace element blood collection tube

Submission Container/Tube: 7-mL Mayo metal-free, screw-capped, polypropylene vial

Specimen Volume: 0.5 mL Collection Instructions:

- 1. Allow the specimen to clot for 30 minutes; then centrifuge the specimen to separate serum from the cellular fraction.
- 2. Remove the stopper. Carefully pour specimen into a Mayo metal-free, polypropylene vial, avoiding transfer of the cellular components of blood. Do not insert a pipet into the serum to accomplish transfer, and do not ream the specimen with a wooden stick to assist with serum transfer.
- 3. See Metals Analysis Specimen Collection and Transport for complete instructions.

Specimen Minimum Volume:

0.3 mL

| Specimen Type | Temperature | Time | Special Container |
|---------------|--------------------------|---------|-------------------|
| Serum | Refrigerated (preferred) | 28 days | METAL FREE |
| | Ambient | 28 days | METAL FREE |
| | Frozen | 28 days | METAL FREE |

Result Codes:

| Result ID | Reporting Name | Туре | Unit | LOINC® |
|-----------|----------------|---------|-------|--------|
| 8638 | Chromium, S | Numeric | ng/mL | 5622-6 |

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No



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Reference Values:

<0.3 ng/mL

When collected by a phlebotomist experienced in ultra-clean collection technique and handled according to the instructions in Metals Analysis Specimen Collection and Transport, we have observed the concentration of chromium in serum to be below 0.3 ng/mL. However, the majority of specimens submitted for analysis from unexposed individuals contain 0.3 ng/mL to 0.9 ng/mL of chromium. Commercial evacuated blood collection tubes not designed for trace-metal specimen collection yield serum containing 2.0 ng/mL to 5.0 ng/mL chromium derived from the collection tube.