## Reporting Title: Selenium, S <br> Performing Location: Rochester

## Specimen Requirements:

Patient Preparation: High concentrations of gadolinium, iodine, and barium are known to interfere with most metal tests. If gadolinium-, iodine, or barium-containing contrast media has been administered, the specimen should not be collected for at least 96 hours.
Supplies:
-Metal Free Specimen Vial (T173)
-Metal Free B-D Tube (No Additive), 6 mL (T184)
Collection Container/Tube: 6-mL Plain, royal blue-top Vacutainer plastic trace element blood collection tube
Submission Container/Tube: 7-mL Metal-free, screw-capped, polypropylene vial
Specimen Volume: 0.8 mL
Collection Instructions:

1. Allow the specimen to clot for 30 minutes; then centrifuge the specimen to separate serum from the cellular fraction.
2. Remove the stopper. Carefully pour specimen into a metal-free, polypropylene vial, avoid transferring the cellular components of blood. Do not insert a pipette into the serum to accomplish transfer, and do not ream the specimen with a wooden stick to assist with serum transfer.
3. See Metals Analysis Specimen Collection and Transport for complete instructions.

## Specimen Minimum Volume:

0.2 mL

## Forms:

If not ordering electronically, complete, print, and send General Request (T239)

| Specimen Type | Temperature | Time | Special Container |
| :--- | :--- | :--- | :--- |
| Serum | Refrigerated (preferred) | 28 days | METAL FREE |
|  | Ambient | 28 days | METAL FREE |
|  | Frozen | 28 days | METAL FREE |

## Result Codes:

| Result ID | Reporting Name | Type | Unit | LOINC® |
| :--- | :--- | :--- | :--- | :--- |
| 9765 | Selenium, S | Numeric | $\mathrm{mcg} / \mathrm{L}$ | $5724-0$ |

LOINC and CPT codes are provided by the performing laboratory.

## Supplemental Report:

Test Definition: SES<br>Selenium, Serum

No

## CPT Code Information:

84255

## Reference Values:

0-2 months: $45-90 \mathrm{mcg} / \mathrm{L}$
3-6 months: $50-120 \mathrm{mcg} / \mathrm{L}$
7-9 months: 60-120 mcg/L
10-12 months: 70-130 mcg/L
13 months-17 years: $70-150 \mathrm{mcg} / \mathrm{L}$
$>$ or $=18$ years: $110-165 \mathrm{mcg} / \mathrm{L}$

